



FALLS CHURCH RECREATION AND PARKS DEPARTMENT
2009 FLAG FOOTBALL PROGRAM
(Grades 2nd -7th as of FALL 2009)



ACTIVITY # - 600001

Office: (703) 248-5077

Weather Hotline: (703) 248-5125

REGISTRATION: Registration is open July 20, through August 23, 2009 at the Falls Church Community Center. **ALL PLAYERS REGISTERING AFTER AUGUST 23, WILL BE PLACED ON A WAITING LIST AND ASSIGNED TO TEAMS AS VACANCIES OCCUR OR AS NEW TEAMS ARE FORMED. BEING PLACED ON A WAITLIST DOES NOT GUARANTEE ENROLLMENT.**

REGISTRATION FEES:

| | | | |
|--------------------|----------------------------|------------------------------|----------------------------|
| Early Bird: | \$60.00 City Residents | Regular Registration: | \$75.00 City Residents |
| (July 20-Aug 16) | \$70.00 Non-City Residents | (August 17-30) | \$85.00 Non-City Residents |

EQUIPMENT: *All players will receive a NFL replica jersey to wear during the season. The cost for this jersey is included in the registration fee. Uniforms will be distributed at the beginning of the season. Sizes will be required during the online portion of registration. All other equipment including flags, footballs, etc will be provided by the league. All players must also provide and bring each week a moldable mouthpiece for safety precautions. This is a league mandatory requirement.*

TEAM PLACEMENTS/TRYOUTS

TRYOUTS FOR ALL AGES WILL TAKE PLACE ON SATURDAY, SEPTEMBER 12th, at GEORGE MASON HIGH SCHOOL STADIUM FIELD, LOCATED AT 7124 LEESBURG PIKE, FALLS CHURCH, VA. TRYOUTS WILL TAKE APPROXIMATELY 1 HOUR. THERE ARE TWO TRYOUTS:

GRADE 2-4 LEAGUE TRYOUT WILL TAKE PLACE AT **4PM.**
GRADE 5-7 LEAGUE TRYOUT WILL TAKE PLACE AT **5PM.**

TO ALL FOOTBALL PARENTS:

Our Flag Football program is designed to teach your children some of the basic skills and strategies of football in a fun, safe, and positive environment. It is a recreational program that is organized by the NFL and implemented by the Falls Church Recreation and Parks Department. Parents/Guardians are encouraged to get involved and may be asked to coach a team as a head/assistant coach.

SCHEDULE:

All practices will take place on Saturday afternoons and will be followed by a game. Games are played on Saturday afternoons starting as early as 3pm. All games will be played at George Mason High School Stadium Turf Field.

WEATHER:

All of our practices/games will be played on the new TURF FIELD at George Mason High School which means that unless there is lightning or severe weather, games/practices will be played as scheduled. In case there are concerns about bad weather, please call the inclement weather hotline: **703-248-5125.**

COMPETITION:

Our club is first and foremost a recreation program. Every player will play in every game unless his/her actions (such as not attending practice or disciplinary reasons) dictate otherwise. This is a developmental league where skill development, team building and fun are the three top priorities. Players, coaches, and family members will be expected to maintain a high level of good sportsmanship and strive to uphold the priorities that have mentioned earlier.

COACHING:

Each season, the Recreation and Parks Department has a significant shortage of coaches. *If you are willing to help by coaching, please call (703) 248-5077. There will be a mandatory meeting for all coaches on WEDNESDAY, SEPTEMBER 9th, 2009 at 7:00pm in the Teen Center at the Community Center.*

Howard E. Herman
Director, Recreation & Parks

Christopher S. Madison
Program Supervisor